



Type of Smart	Description
 <p data-bbox="205 591 674 667">Intrapersonal Intelligence or Self Smart</p>	<p data-bbox="743 175 1892 342">Strength in this intelligence relates to how well you know yourself. It is the ability to know your own thoughts, feelings, and why you are, the way you are. A strong intrapersonal intelligence can lead to good self-esteem and the ability to solve personal problems.</p> <p data-bbox="743 391 1860 509"><i>In the workplace, people who require intrapersonal intelligence include: psychologists, mental health workers, priests, philosophers, and social workers.</i></p>
 <p data-bbox="205 1256 674 1333">Interpersonal Intelligence or People Smart</p>	<p data-bbox="743 836 1877 1040">This intelligence is all about strength in your ability to relate to others. It is being able to understand others, interact with them in healthy ways, and interpret their feelings and actions. Strength in this intelligence is noticeable when you are able to know how people feel and what people think without them telling you.</p> <p data-bbox="743 1089 1881 1208"><i>In the workplace, people who require interpersonal intelligence include: counsellors, travel agents, customer service personnel, bank tellers, and talk show hosts.</i></p>



Linguistic Intelligence or
Word Smart

This type of intelligence relates to your ability to use words and language both in writing and when speaking. People who are highly skilled in writing, have an extensive vocabulary and/or speak several languages are strong in this intelligence.

In the workplace, the people who require linguistic intelligence include: poets, public speakers, script and speech writers, comedians, and television announcers.



Musical Intelligence or
Music Smart

This intelligence is based on how musical you are. People with well-developed musical intelligence can hear, understand, mimic and create different types of music and rhythms.

In the workplace, people who require musical intelligence include: piano tuners, studio directors, music performers, conductors, and sound engineers.



Logical-Mathematical Intelligence
or Logic Smart

If you are strong in this intelligence you are able to solve logical problems, work well with numbers, and are good with calculations.

In the workplace, people who require logical-mathematical intelligence include: computer technicians, accountants, math teachers, scientific researchers, and bankers.



Bodily-Kinesthetic Intelligence or
Body Smart

This intelligence relates to physical movement in areas such as control over body movements, balance, and agility.

In the workplace, people who require bodily-kinesthetic intelligence include: models, gymnasts, athletes, inventors, and mechanics.



Spatial Intelligence or
Picture Smart

This intelligence relies on sight and relates to your ability to visualize objects, i.e., create pictures in your head, and being able to understand and interpret visual information.

In the workplace, people who require spatial intelligence include: graphic design artists, photographers, architects, airline pilots, and surgeons.



Naturalist Intelligence or
Nature Smart

This intelligence relates to your understanding and appreciation of your surroundings. People with this intelligence are drawn to the outdoors, have an interest in animals and their behaviour, and prefer to go outside as a way to relax.

In the workplace, people who require naturalist intelligence include: forest rangers, nature guides, landscape designers, veterinarians, and gardeners.